

## PRE-OPERATIVE INSTRUCTIONS

1. **DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY – NO FOOD, NO LIQUIDS NOT EVEN WATER. NO SMOKING**
2. Brush your teeth prior to surgery
3. Please call us immediately if you have any symptoms of a head or chest cold. Your surgery may have to be rescheduled.
- 4 **BRING SOMEONE WITH A CAR TO DRIVE YOU HOME AFTER SURGERY.** If someone does not accompany you, surgery will have to be rescheduled. Someone needs to stay with you for several hours after surgery. We will not allow you to ride home unattended in a taxi.
5. Please leave all jewelry at home. The clinic will not be responsible for loss or theft.
6. Remove all fingernail polish and makeup.
7. Do not wear contacts on day of surgery.
8. If you use an inhaler – you **MUST** bring it on day of surgery.
9. If diabetic – you **MUST** bring your glucometer day of surgery